

# BECOMING A PEOPLE OF GRACE: AN EXPOSITION OF EPHESIANS

HERE'S HOW TO GET DRESSED

EPHESIANS 4:17-24



## The Heart of the Matter

Image is everything—or so the saying goes. We live in a world consumed with how things look rather than what they are. Often, the same is true of ourselves, when we worry about our appearance to others rather than our hearts, which guide our thoughts and deeds. Paul was aware of this tendency in people, so he encouraged the Ephesian believers to throw off the old self—the one stuck in darkness, callousness, impurity, and greed—and put on the new self—the one characterized by holiness and righteousness. Only in this way will we begin to look like Christ's followers, inside and out.



## Discovering the Way

### 1. The Old Wardrobe (Ephesians 4:17-19)

Before we believed in Christ, we walked in the old self, with darkened minds and calloused hearts, leading to sensuality and impurity.

### 2. The New Wardrobe (Ephesians 4:20-24)

Believers, on the other hand, have learned the truth about Jesus Christ, so we are to put on the new self of righteousness and holiness.



## Starting Your Journey

If we want to change our wardrobe, we must realize that the old self is corrupt and the new self is Christlike, and we need to present ourselves daily to God for His service.



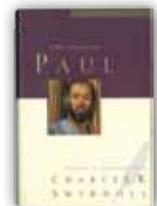
## Tools for Digging Deeper



**Becoming a People of Grace**  
An Online Course on the Book of Ephesians by Insight for Living



**The Grace Awakening Devotional**  
A Thirty-Day Walk in the Freedom of Grace by Charles R. Swindoll  
hardcover book



**Paul: A Man of Grace and Grit**  
by Charles R. Swindoll  
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INSIGHT FOR LIVING

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